



*A Very
Happy New Year
to you All.*

2011 Winter Newsletter

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President G.G.Tompkins

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Hilary's 3rd visit to Malawi

On 23 June 2010, together with two friends, I set off on my third 'working' visit to Malawi. On arrival we spent 2 nights in Lilongwe, the capital, to recover from the outward journey, change our money into Kwachas and pick up a car. We then headed for MOET (Mangochi Orphans Education and Training) School, just north of Mangochi. Negotiating roads and traffic to get out of Lilongwe was hectic. When we were well clear of the city, the traffic began to ease and we filled up with diesel as petrol stations are very few and far between away from the cities. On our way we had a pleasant coffee stop at Dedza Potteries and Café, finally reaching our destination in the late afternoon, in daylight, as travellers are advised not to drive after dark. This is because so many people walk along the sides of the rough roads (no pavements or footpaths) and also animals, both wild and domestic, stray onto the roads at night.

MOET was started in 1999 with 10 orphans being taught under a grass shelter. The Headmaster and Director, Patterson Majonanga, had previously been a teacher at Malindi but wanted to establish a school to provide free, good-quality primary education and also vocational skills training, to orphans and vulnerable children. He has received financial and practical support from UK and European charities. The school now has 200 children, 6 classrooms, a library, an administration block, a kitchen, a new building for vocational training, and gardens for growing crops and permaculture training.

We had arranged to spend a week teaching and helping at the school. Patterson met us when we arrived and took us straightaway to the cottage on the shores of Lake Malawi which he had arranged for us to rent.



This proved to be a lovely cottage with a garden and lawn, beds with mosquito nets and a kitchen where we could prepare our own meals. We just had time for a quick trip to the shops before darkness fell to buy food supplies. When we returned, there was the usual evening power cut, so we had sandwiches and water by candle-light. The next day was Sunday, so no school, but we did meet with Patterson to plan our work for the coming week.. The lakeshore and sandy beach in front of the cottage was full of activity every day. The local Malawian ladies came to wash clothes, cooking pots, babies and children. The washed clothes were spread on the

sand and on nearby bushes to dry. The men came to mend their fishing nets and they set off each evening in their small boats to fish.

Monday was our first day at the school. The school day started at 7 am, with a whole school assembly at 7.15 under the trees. The school day was staggered. Std. 1 and 2 (6 and 7 year olds) had lessons from 7.30 to 11 am. The oldest children, 15 and 16 year olds, had lessons from 7.30 until 13.40 pm.

The core subjects are English and Maths, but the children also learn Chichewa, science, rural studies and agriculture, religious studies, craft activities, sports, HIV/Aids awareness, etc. All children learn English from the age of 6 in addition to national language, Chichewa.

Are you willing to receive the newsletter by email?

Our current mailing list is 2000 so this will certainly save money which can be used for relief.

Send your email address to Irene at cart@cartyorkshire.co.uk or telephone 01484 461800

BUT please remember to keep CART updated on any changes.

Outside of lesson times there were various school clubs and activities and all children are given one meal a day during a break between lessons.

On our first day, we looked round the school, met the staff and children and learned about the permaculture projects and other work going on at the school. On the following days we were teaching English and Maths in the morning, working with different classes and age groups. We had taken some teaching resources with us, also some sports equipment.

In the early afternoons, we did sports and games in the playground. Using the equipment we had taken with us, we taught the older classes to play rounders and we did all kinds of team games and skipping activities with all the classes.



The teacher bowling for rounders

Outside each classroom there is a verandah with a wide cement floor. I taught the children to play hopscotch, marking out the numbered squares with chalk on the cement floor, and we played, 'What time is it, Mr. Wolf' (it became 'What time is it, Mr. Lion') with the younger children, which caused screams of excitement. The children do not have many opportunities to play, and their delight and joy were infectious



Skipping is fun

so we all enjoyed the sports and games sessions. Thanks to CART supporters who gave me skipping ropes, rounders bats and balls, etc. before I set off to Malawi.

At the request of the Headmaster, we did quizzes with each class on the last day. On Friday evening, we were invited to the 'Presentation Evening and Leaving Party' for Standard 8 pupils who had just finished a week of exams. These are national exams, like GCSEs, taken at the end of the 10 years of primary education. This was the first group of children to complete their full primary education at MOET. The vocational training centre had been decorated with flowers and pictures and messages of encouragement and good wishes for the students. There were many speeches including some from the leavers and their guardians (guardians are those who care for orphans in their own homes). All the school leavers were given a 'gift', a bundle of clothing, and then we had a party. The teachers cooked and served a large meal for everyone, which was followed by dancing and singing – a memorable end to our week at MOET. This was the only time we drove home after dark.



Decorated for the party



The children's main meal is at school



The school grows food to feed the children. The cook is preparing some herbs to flavour the meal

The second week of our visit was to be spent visiting Malindi. The CART consignee who oversees the customs clearance, unloading and distribution of goods for containers sent to Malawi/ADOUS (Anglican Diocese of Upper Shire) is Ven. Fr. Eston Pembamoyo, who is presently Archdeacon of Mangochi East. The area he is responsible for stretches north of Mangochi town up to the borders with Mozambique and is on the eastern part of Lake Malawi. There are 4 parishes, each with more than 5 outstations and well over 10,000 Anglicans present in Church every Sunday.

As Archdeacon, Eston is responsible for St. Martin's Hospital, the primary school and day secondary school at Malindi, St. Michael's girls' secondary school, the Malindi Workshop/rural training centre, Malindi Youth Initiative Centre (MAYNET), Malindi Pottery and 6 other primary schools and Masuku community day secondary school. Malindi is well known as the place where the Anglican missionaries settled and set up a mission station and David Livingstone spent some time there. The stone on which he sat is embedded in the wall of St. Martin's Church. The small rural communities there are very poor and there are many health problems, including a high incidence of malaria and AIDS. The visits to Malindi would enable me to see how goods received from a CART container several months previously were being put to good use and benefitting the community.

I will tell you about the wonderful work done in the spring newsletter. **Hilary, January 2011**

2010 Harvest Appeal

Thank You to all who donated.

The 2010 CART Harvest Appeal brought the usual generous response from churches & schools which will help CART to continue to alleviate the poverty and suffering in the countries it supports.

Food the bulk of the food was sent to **Malawi, Niger & Eritrea.**

Educational Items were sent to **The Gambia, Malawi** (dioceses of Upper Shire) & **Malawi** (Lilongwe).

Cash donations of **£2675** have helped to transport goods to Africa.

Tree planting: £801 was given towards tree planting projects. The money will be taken to Jali in Malawi by Hilary in 2011 to be used to extend a project which is already running successfully there.

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**Thanks once again** to all those who gave harvest talks; delivered or collected donations or sorted or packed the donations. And thank you once again to Vanessa for producing the Powerpoint CD for you to use.

The CART Harvest is a real team effort.

**Sponsorships in Malawi**

The number of sponsors has now increased to **51** and we are sponsoring **57 students.**

**New sponsors are always welcome.**

If you would like to sponsor a child at £30 per term or £90 for the year, or would like to donate a sum to the contingency fund please contact **Cynthia** 01422 357739, email: [cynthia@jcfeat.plus.com](mailto:cynthia@jcfeat.plus.com) or drop me a line for information to 10, Norton Close, Norton Tower, Halifax, HX2 7RD. Cheques should be made out to CART *but sent to Cynthia please.*

**I have made a DVD** (with much help from my son) and these will be available from Mid-February for £7 (or £8 by post). I will leave a few in the shop for those of you who are interested. Perhaps you could have a coffee morning or afternoon tea, show the video and have a collection for the Friends of Orphan Care & Social Rehabilitation Centre i.e. (FOCSR) in Malawi.  
Many thanks. **Cynthia**

**Newsletter publication dates**

The next newsletter will be published after Easter 2011.

Please send any items for the newsletter or mailing list amendments to Irene at the CART address (see page 1) or e-mail [cart@cartyorkshire.co.uk](mailto:cart@cartyorkshire.co.uk)

**Kenyan Crafts**

**Kenyan Crafts** are still available for sale. They make nice presents.

Anyone interested, please contact Brigitte on 01484 687353.

**Sponsorships in Cameroon & Kenya**

**Cameroon: 8 children** are supported by **4 sponsors.**

**Kenya:** This year CART is sponsoring **8 children:** 4 in primary school and 4 in secondary.

Two of last year's youngsters have completed their secondary education. We are supporting one of them in the vocational course of her choice, providing her exam results are good enough for enrolment. All being well, depending on end of year results, the other will join the government youth service.

As children move on from primary to secondary education, the sponsorship amount increases by £250 for school fees (there are no school fees payable by the children for primary education). This is why we need more sponsors if we are to increase the number of children sponsored, rather than see it diminish.

**If you would like to help,** please contact Brigitte on 01484 687353. All donations are most welcome.

The **2010 Christmas Fayre (Nov 27<sup>th</sup>)** at Huddersfield Parish Church raised **£139.10**

**The final figure** for Brighthouse Gala was **£1296.** This is still CART's best single fund raising event.

**FURNITURE** - Don't forget CART sells furniture please ring Sue at the shop (**01484 423453**) to check there is room and arrange collection if necessary.

**Containers sent to Africa & India in 2010**

|           | Date               | Destination              | Shipping costs        | Additional costs                       |
|-----------|--------------------|--------------------------|-----------------------|----------------------------------------|
|           | <u>Payment</u>     | <u>made in 2010</u>      | <u>for containers</u> | <u>sent in 2009</u>                    |
|           | 5.2.10             | Cameroon                 |                       | £1,525                                 |
|           | 17.2.10            | Malawi                   |                       | £1,390                                 |
|           | 17.2.10            | Sierra Leone             |                       | £100                                   |
|           | 22.2.10            | Tanzania                 |                       | £5,036                                 |
|           | 22.2.10            | Malawi                   |                       | £2,444                                 |
|           | 29.3.10            | Malawi                   |                       | £1,473                                 |
|           |                    |                          | <b>Total</b>          | <b>£11,968</b>                         |
|           | <b><u>2010</u></b> | <b><u>containers</u></b> |                       |                                        |
| <b>1</b>  | 6.2.10             | Tanzania                 | £4,900                | £7,500                                 |
| <b>2</b>  | 13.2.10            | Ivory Coast (20ft)       | £1,700                |                                        |
| <b>3</b>  | 6.3.10             | Ghana                    | £4,750                |                                        |
| <b>4</b>  | 3.4.10             | Somaliland               | £3,100                | £1,308<br>50% funded by Horn of Africa |
| <b>5</b>  | 29.5.10            | India                    | £2,300                | £2,269                                 |
| <b>6</b>  | 12.6.10            | Malawi                   | £8,400                | £1,812                                 |
| <b>7</b>  | 17.7.10            | Zambia                   | £5,000                | Shared with Mpika Village Trust        |
| <b>8</b>  | 14.8.10            | Ghana                    | £4,675                |                                        |
| <b>9</b>  | 28.8.10            | Cameroon                 | £2,600                | £1,465                                 |
| <b>10</b> | 18.9.10            | Zimbabwe                 | £7,550                |                                        |
| <b>11</b> | 16.10.10           | Malawi (Lilongwe)        | £6,500                |                                        |
| <b>12</b> | 23.10.10           | The Gambia               | £3,200                | Funded by Ann Prince                   |
| <b>13</b> | 30.10.10           | Eritrea (20ft)           | £3,810                |                                        |
| <b>14</b> | 13.11.10           | Niger (20ft)             | 4,125                 |                                        |
|           |                    |                          | <b>£62,610</b>        | <b>£14,354</b>                         |

**Containers sent so far in 2011**

Jan 15<sup>th</sup> The Gambia

Jan 22<sup>nd</sup> Malawi (ADOUS)

**Shop Sales ~ 2010**

The 2010 shop takings were **£56,885**. This is a **£4946** more than 2009, an excellent result following a poor start due to the bad weather.

Once again thanks go to the shop managers and all the staff who work so hard to make the shop so successful.

Thank you to all our donors for bringing such high quality goods.

CART also recycles textiles and received **£2210** from Greenhill Textiles in 2010.

We are continuing to collect sanitary products and candles (new & used) to send to Africa.

**Apology**

In the Autumn Newsletter it stated that the wool collected by the Baptist Church in Leigh on Sea would go to the Kirkburton Knitters it should have said the **Kirkheaton** Knitters.

**A Prayer for CART**

*The words of this prayer epitomize what CART stands for in its work and I am sure, many of our supporters will be happy to join in this prayer.*

Guildford G. Tompkins

Beauty for brokenness, hope for despair,  
Lord, in your suffering world this is our prayer  
Bread for the children, justice, joy, peace,  
Sunrise to sunset, your kingdom increase!

God of the poor, friend of the weak,  
Give us compassion we pray;  
Melt our cold hearts,  
Let tears fall like rain;  
Come change our love from a spark  
To a flame.

**CART shop** Open Mon. – Fri. 10 a.m. – 4 p.m.  
Saturday 10 a.m. – 1 p.m. **Tel: 01484 423453**

Grateful thanks to **Kirklees College** for the reproduction of this newsletter.

### On Whose Bike?

Many of you may look around the house and gather together unwanted household goods or clothing and bring them into the CART shop/warehouse on Summer Street. You may even collect unwanted items from friends and relatives on CART's behalf. Now we are asking you to cast your eyes just a little further – to your garages and sheds.

Every week a small team of volunteers at CART works to refurbish donated bicycles and more are needed! Each bicycle that arrives at CART is examined and checked for safety and road worthiness. As necessary they are stripped down, repaired or even rebuilt. A few are sold in the shop in summer to raise money but the vast majority are sent straight to Africa where they can often, quite literally act as lifelines.

Bicycles in African countries are seldom simply for leisure. In Malawi a local district nurse uses her CART bike to transport patients to hospital. We know of many doctors, nurses and midwives who use their CART bicycles to visit patients. It's a far quicker and safer method of getting around than on foot, which is frequently the only other option, especially in outlying villages.



*Bicycle arriving in Ntcheu, Malawi*

Equally bicycles from CART go to teachers to enable them to get to their jobs, to families to whom they can open up far greater employment opportunities and to older children who then escape a long tiring daily walk to school. Smaller bicycles are usually sent to orphanages for the children to share – simply for fun.

So, CART needs **your** bike. Any size, any age, any condition. No bike is wasted even those that are beyond repair are stripped down for spare parts. Bike accessories such as puncture repair kits, helmets, lights and pumps are also invaluable.

**For more details, ring Kevin on 01422 825437**

#### A note from Alan Sims (Treasurer)

##### **Changes to Gift Aid Donations.**

With effect from 6<sup>th</sup> April 2011 income tax personal allowances are rising by £1000. Whilst this is good news for us individually it does affect the income of CART.

For CART to obtain Gift Aid relief the donor must pay an amount of tax equal to or in excess of the amount of tax recovered in any tax year (i.e. 25% of the amount donated). You can calculate this by working out how much you donate in a year and taking 25% of this (e.g. £25 a month equals £300 in a year, 25% of this equates to £75) this is the amount of tax you have to pay to be able to Gift Aid the donation.

Some of our supporters may be affected by this change and if you are one of them you should write to me so I can arrange for the Gift Aid Declaration to be cancelled.

#### **From the Mothers Union "Newline" winter 2010**

A big thank you to all branches and friends who knit for Christian African Relief Trust (CART). Cars full of amazing blankets, jumpers and bonnets have been taken to CART and they are always well received.

Thorne Branch has been knitting for CART and organised a visit to the headquarters in Huddersfield in August to see where the knitting is sent to be packed before shipping to Africa. Please continue with this wonderful work you are all very much appreciated.



#### **Writing to Prisoners in Zambia**



*Inmates cooking their meals*

#### **"I was in prison & you visited me"**

*CART supporters are currently writing to 5 prisoners in Zambia. Isaac Sakala, who recently received a tape player and tapes, writes, "Receive my warm and heartfelt greetings in the name of our beloved Lord. I wish to thank you for the precious gift which came at Easter and which I have received safely with great joy. The up-building message contained in the tapes is of so much benefit not only to me but to the inmates of the cell as a whole. I ask you to continue being a blessing to me as long as God allows."*

If you would like to participate in this "prison ministry" please contact Gordon Dawson via CART's email address [cart@cartyorkshire.co.uk](mailto:cart@cartyorkshire.co.uk) or by CART's phone number 01484 461800

**Uganda**      ACKNOWLEDGEMENT AND APPRECIATION FOR THE FUNDS OF TREE PLANTING

We members of Nkonte widows and spiritual association (NWSA), we would like to register our sincere thanks from the bottom of our hearts to your ever giving hand and support to the members of the association. We would like to thank Christian African Relief Trust for the funds of tree planting and your visit to our home land thanks so much for sparing your time.

Nkonte widows and spiritual association has embarked on improving the wellbeing of the unprivileged people. On the 20<sup>th</sup>-09-2010 we were able to receive **£1187** you sent us through CART a big thanks goes to you and may the almighty richly continue to bless you. NWSA has embarked on lifting up the standards of the people living in the community where it operates. We acquired a large piece of land school where the youth can train in order for talent development. In this project we kindly request for funding in order for it to take off.



We have also had a chance to enlarge our goat rearing project better still we need a maize mill which we lack in the community at the moment, this one will help in the processing of food and also help as an income generating project to the community. We need to fence our farm so that the goats and the few cows we have can't loiter around people's gardens, our health sector also is also not in good shape it needs reconstruction to improve on the health standards of our people so we request for sincere assistance in this area as well. In this area too we carry out home based counselling and community outreaches but big problem here is transport, we can't do it effectively yet we have large population to reach out to.

Below is our accountability on how we spent the funds for the tree planting;.....

| Items                                  | Number           | Costs/@ | Total Cost /=    |
|----------------------------------------|------------------|---------|------------------|
| Seedlings                              | 500              | 5000    | 2500.000         |
| Transport (from nursery bed to garden) |                  |         | 220.000          |
| Manure                                 | 500              |         | 200.000          |
| Cuttings                               | 3                | 700     | 350.000          |
| Watering cans                          | 2                | 9500    | 28500            |
| Sole tape                              | 1                | 1500    | 3000             |
| Sprayers                               |                  | 180,000 | 180.000          |
| Dusting powder                         |                  |         | 150.000          |
| Spraycides                             | 5 bottles (lava) | 6500    | 32500            |
| Hoes                                   | 6                | 6000    | 360.000          |
| Labour (given by community)            |                  |         |                  |
| <b>Total</b>                           |                  |         | <b>3.700.000</b> |

**£1 = 3,756 Ugandan shillings (1000 Ugandan shillings = £0.27)**

We would like thank you once again for your ever loving and generous support towards our organisation and may God bless you.

With love **Betty Nabuya (Secretary)**

*Dear Vanessa & Glenn*

July 2010

*The purpose of this writing to you is to inform you sadly that I was involved in a road accident a week ago and two of my colleagues died instantly but praise the Almighty that I am still alive although still hospitalised. Both my legs sustained fractures and to survive being amputated my physician has recommended me for emergency joint surgery which will cost me around \$1800.*

May God bless you, **BETTY NABUYA.**

Anyone who has travelled in Africa, either in its teaming cities or remote rural areas, will appreciate the dangers with the caveat that medical care is not what you get here even on a stretched NHS!!!

Betty has had her operation and is recuperating. She was able to write the report above at the end of 2010

Vanessa

We are deeply grateful to all our supporters. In particular we would like to take this opportunity to thank people who donate through their bank as these are not acknowledged in the same way as gifts that arrive in the mail so **THANK YOU ALL**

**Tanzania** ~ ~ **Mkombozi project.** ~ ~ December 2010

This is a vocational training scheme in Tanzania which CART supports.

Dear CART friends,

I hope you are all fine. I am OK with Mkombozi project.

Nothing I can say than thanks a million for your support. Mkombozi is growing and has a big name because of you.

This year Mkombozi had 108 graduates 42 children in need inclusive. The graduation on 11<sup>th</sup> Dec. was wonderful where the Kenya Commercial Bank (T) Ltd, Moshi branch manager officiated and promised to support the resource library project from February, 2011.

This year we had 108 students from 91 of last year. I am expecting to have 120 by 2011. I am now thinking of how to get funds for 2 more classrooms. Here are some pictures of the day and you still think of how to make Mkombozi project sustainable.

May I wish you Merry X-mas  
And a Happy New Year,

Yours sincerely,

**Asha K. Mshana.**

**PROJECT COORDINATOR**



**Your help is appreciated – now more than ever.**

If you've decided that 2011 is going to be the year that you do even more to help those who have less than you do, then why not take part in "The Big Society" by considering increasing your support for CART?

There are several ways in which you could do this and it doesn't have to be difficult. Whilst we welcome volunteers to load containers, work in our warehouse or help in our shop, we also know that many of our supporters have little time to spare. Perhaps subscribing to CART's work by a small monthly or annual direct debit or standing order could be the solution? It's easy to set up and you can choose the amount you wish to give – plus you keep complete control and you can also change the amount or even cancel at any time you like. To arrange this simply go to your own bank and ask them to set it up for you and give them CART's bank details. [Barclays Bank, Market Place Dewsbury, West Yorkshire, WF13 1PL (General Account 40570044 – sort code 20-26-08)]. If you need help with this or further information please contact the Treasurer, **Alan Sims Tel: 01484 865244.**

Here are some examples of how you could help change people's lives in this invaluable way, every month:

£3 per month would pay for a donated computer to be tested, repaired and checked prior to being sent to a technical college, school or hospital.

£5 per month would allow us to send 14 pairs of children's shoes to an African orphanage every month – making a real difference to those young people who often have to walk many miles to school, often barefoot.

£10 per month would sponsor a box in one of our containers each month. This could contain crucial medical supplies, educational books or clothing for an orphanage.

£15 per month would cover the costs of sending two bicycles to Africa – lifelines for parents who need to travel for work and enable them to support their families.

It's a great way to help. Plus, at no further cost to you, UK taxpayers can gift aid donations, simply by ticking a box. Right now this enables CART to claim 28p from the government on top of the amount given (25p from April 2011). There is a gift aid form attached to this newsletter.

Thank You

**Marie**

(CART supporter & packer)

**ALL DONATIONS ARE USED TO FUND PROJECTS  
OR TO SEND GOODS TO AFRICA OR INDIA.**

### Zimbabwe ~ Extracts from the annual reports of Destitute Care & New Hope Villages

2010 has been a successful year for DESTITUTE CARE. However it was marked by considerable financial constraints. This was a limiting factor to deal with, but progress was made.

**Thank you** OPERATION SUNSHINE (OS) and CART (Christian African Relief Trust) in England, for the abundant material goods sent in their containers, which have met most of the physical needs. It has been a year of meeting many physical and spiritual needs amongst the destitute of Harare, who are most grateful for all assistance received.

We have enjoyed serving the poor for another year. We give thanks to God for everything achieved.

Blessings to you all ... Bryony Pichanick and Team.



#### Containers

This year we received 4 containers from OPERATION SUNSHINE and CART. These brought the much needed goods for the destitute families. They included clothing, blankets, food, soap, candles, educational materials and school furniture, kitchenware, sewing machines, buckets, bikes, water containers, tools, mats and many other items.

#### OUR MISSION

Destitute Care operates to reach the truly destitute families of Harare, with food, clothing, blankets, and other goods, and the Gospel of Jesus Christ, and to establish the Church amongst them. And to give them the basic knowledge of how to successfully live the Christian Life.



#### Tool Distributions

Every kind of tool comes in the containers from England. These are distributed to the various church groups in the area. The recipients are overwhelmed by the quantity, quality and variety of tools given to them. In these areas a person will not even afford to buy himself a hammer but will travel a great distance to borrow one.

**Thank you OS and CART.**

2010 has been another very good year for NEW HOPE VILLAGES. There has been progress in all areas, despite considerable financial constraints.

The resettled farmers have worked hard on their lands to produce viable harvests and become self supporting. Agricultural training activities have continued in the village and in the surrounding area, and the people are enjoying being trained in the FOUNDATIONS FOR FARMING METHODS.

Church growth has continued and the demand for new church plants in the area is ever present.

**THANK YOU** to OPERATION SUNSHINE, and CHRISTIAN AFRICAN RELIEF TRUST in England, container loads of clothing, school furniture, tools and goods of many kinds for the poor in the area.

Also to IRVINES DAY OLD CHICKS for transport assistance with their big lorries and many other areas of help.

We have been privileged to serve the poor in this rural area in 2010.

We thank God for His provision and protection and for enabling good success in the ministry to the poor.



I will write again later as I see more of your things. Many, many thanks to you All for another lovely container of most valuable items.

Blessings ..... Bryony.