



Autumn Newsletter

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Reg. Charity No. 803686

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Hilary Heads for Malawi

In July I went with 10 other people on a working visit to Malawi organised by MACS (Malawi Association for Christian Support). This London-based charity works with people in Malawi to improve their quality of life, responding to requests to support schools, health centres, hospitals, HIV/AIDS projects, community projects, women's work and other projects to help people living in rural areas.



Bicycle ambulances

While in Malawi we visited a number of projects



Fitting the mesh

supported by MACS and met the local people there. We visited three hospitals, a health centre, a college of nursing, three primary schools, three secondary schools, a unit for blind children, two orphan care centres and an HIV/AIDS outreach programme. The visits helped us to learn more about life in Malawi.

We did some practical work at the Mkope Health Centre (cleaning and decorating some areas of the

hospital and making and fixing mesh windows to keep out mosquitoes, etc). I spent some time working alongside a teacher at Mkope Primary School, teaching a class of over 80 children who sat on the dusty floor. There were no books or teaching resources of any kind, no furniture, no toilets or running water at the school.

A Primary school classroom



Children start school at the age of 6; there are 8 years of primary schooling (free) followed by 4 years of secondary schooling (for which fees must be paid for all children). Many children miss secondary education for a number of reasons: not enough school places; the cost of school fees; they are needed at home for family duties etc. At Mkope Community Secondary School



Secondary school pupils

classes were smaller and there were desks and chairs. Schools follow a National Curriculum and the syllabus includes social studies and computer studies. Sadly there was not even one computer at the school, and a desperate shortage of books and resources. The children were all keen to learn and recognised how important it was to get the best education they could.

While the group was in Malosa on 12 July, the CART container which had been loaded and despatched from Huddersfield on 19 April arrived at the Diocesan Offices. I was there to watch the unloading, which was very well organised by our consignee and the local committee. It was so rewarding to see the unloading and talk to the recipients there who are so appreciative of the work that CART does and so grateful to receive the very varied relief supplies. Some of the items on the container had been sent in response to specific requests.



The container arriving



Unloading the container



Aqua boxes

Malawi is one of the poorest countries in the world and life expectancy is low. Many people die of malaria and there is a high incidence of HIV/AIDS. There are about 1 million orphans who are cared for by extended family members and the local community. Even



Orphan children

faced with these difficulties, I found the people so friendly and hospitable, and everyone in the group admired their enthusiasm and ingenuity. It was not only a wonderful trip, but it enabled me to see how the work that CART does here is helping people in Africa.

Hilary Hegarty



The water pump at Mtonda Orphan School paid for by MACS



A tree seedling project at Funwe Farm



Consignee, Rev. Father Eston Dixon Pembamoyo organising the unloading



A new arrival on the maternity ward.

Date for your diary ~
CART 25th Birthday Celebration
 on Saturday May 16th 2009

Come and hear
Mr Mkombe from Tanzania
 talk about **Trees**
 and
Mrs Hilary Hegarty
 speak about her recent **visit to Malawi**
 on **Monday Nov 3rd**
 at Lockwood Baptist Church at 7.30 p.m.
Everyone is welcome

Updates and Appeals

**Brighthouse Gala ~ Saturday
June 28th 2008**

The weather was good and once again Brighthouse Gala proved to be a very successful event for CART.

The takings were **£840** on the day. We await our final total – we receive a share of the collections.

Thanks to all who helped – the displays and the stalls were very attractive.

Shop Sales ~ 2008

The Shop Sales to 22nd of September amounted to **£40,187**. This is in line with 2007.

Thank you to staff and customers

The **Rotary Club Fair** at the Open Market in Huddersfield on June 15th raised **£224**.

Thank you for the candles ~ keep them coming. bits of old candle, whatever their size, will be melted down and made into new candles.



Of course whole candles are needed too!!

Educational Sponsorships in Liberia & Kenya

- Kenya :** The number of children sponsored in Kenya is **13** .
- Liberia :** **29** children are sponsored in Liberia (an increase of 4).
- Cameroon:** **2** children are sponsored (an increase of 1)

If you are willing to contribute towards children’s education please contact **Brigitte** on **01484 687353**

We are continuing to collect sanitary products to send to Africa (Zimbabwe in particular). A single packet can cost half a week's wages as they are regarded as a luxury and heavily taxed. Boxes of your donations left for Zimbabwe on March 15th.

£47.21 was taken at the **Lepton CE School** Summer Fair

CART Open Day ~ Sat. Sept 6th

The weather was also kind for this event. It certainly showed what a busy and active place the Summer Street, Lockwood. warehouse & shop is – sorting, packing, testing of electrical goods were on view plus goods were for sale in the shop and in the yard.

Cakes and drinks were sold to the steady influx of visitors who came. The atmosphere was friendly & relaxed enhanced by music from the **Africa-for-all SOUNDJATA** drummers & the **JAZZ DAWGS** guitars. A huge thanks to them for giving their time.

We were especially pleased that Robin Harvey, our regular shipping agent, and his wife, Sylvia, made the 3 hour journey from Walsall to see

‘CART in Action’

Many thanks to all the helpers who worked so hard.

That day the shop takings, which included the stall sales & donations. were **£256**

Kenyan Crafts

Since the last newsletter a **further £245** worth have been sold.

If you wish to purchase any crafts or have a stall of the goods at a function or for more information please contact Brigitte Matthews (01484 687353).

All the money from the sales is sent back to Kenya for the craftsmen and women to support their families.

Please support CART at the **Huddersfield Parish Church Christmas Fair** on **Saturday November 29th** 10 a.m. – 2 p.m.

The Gala in **Beaumont Park** on Sunday July 27th brought in **£245**.



School & University Sponsorships in Malawi

Currently there are **39** people sponsoring **48** children in secondary schools and universities. (An increase of 1 in total)

For more details or to join the sponsors contact **Cynthia** 01422 357739

Containers sent to Africa so far this year

	Date	Destination	Shipping costs	Additional costs
1	26.1.08	Sierra Leone	£3850	
2	16.2.08	Liberia	£4500	
3	1.3.08	Nigeria	£3600	£1000
4	15.3.08	Zimbabwe	£6050	
5	19.4.08	Malawi	£5685	£1202
6	26.4.08	Ghana	£5000	
7	26.4.08	Ghana 20ft		Financed by Mission Marts
8	10.5.08	Ghana 20ft		Financed by Mission Marts
9	17.5.08	Uganda	£7750	Not yet known
10	31.5.08	Malawi	£5300	Not yet known
11	14.6.08	India	£2050	£1384
12	26.7.08	Eritrea	£5100	Not yet known
13	16.8.08	Sierra Leone	£ Not yet known	Not yet known
14	30.8.08	Ghana 40ft	£5000	Not yet known
15	30.8.08	Ghana 20ft	£3700	Not yet known
16	14.9.08	Ivory Coast	£ Not yet known	Not yet known

First Aid items continue to be



Bandages; plasters; antiseptics; ointment; lint; soap; cotton wool; non prescription drugs; etc.

If you or your organisation wish to make up a kit & need a small box please contact the shop (01484 423453).

CART has supported the following projects recently

Uganda ~ £1520 for a borehole for the Nkonte Widows Association .

Ghana ~ £4700 towards securing land.

Uganda ~ £1520 for a borehole for Medical Aid Uganda.

Malawi ~ £556 towards a roof for a newly built church.

Golcar Lily Day ~ Sat. May 10th

CART had a stall in Bolster Moor Baptist Church which raised **£66**.

Harvest Appeal 2008

The harvest appeal is well underway as this newsletter is being put together. People are offering support and harvest festivals are being planned. We at CART are getting ready to receive your gifts of food, educational items and donations to send the goods quickly on their way. Several of you have offered to support the tree planting project so this new endeavour will certainly be able to go ahead.



Thank you in anticipation for all the gifts of goods and money as well as all the hard work that enables CART to relieve suffering in parts of the world.

For any further information telephone Vanessa 01484 461800 or e-mail cart@cartyorkshire.co.uk



Quality goods ~ regular new stock at the CART shop

Summer Street, Lockwood
Opposite Magnet – off street parking
Buses 310 – 315, 320 & 321

Open Mon. – Fri. 10 a.m. – 4 p.m.

Saturday 10 a.m. – 1 p.m.

Tel: 01484 423453

John Roderick Williams – “Rod”

In July we were saddened to hear of the sudden death of Rod Williams one of our stalwart CART workers.

Rod was born in Scotland but at the age of 10 moved to Wales where his mother still lives. What brought him to Lockwood, Huddersfield we are unsure but it was a move from which many benefitted both here and in Africa.

He regularly came to the CART warehouse on Saturday mornings to do jobs or to collect goods from donors. His humour and enthusiasm when loading containers was infectious. The tea, coffee and biscuits he produced at the end of that exercise were most welcome.

At fund raising events such as the Rotary Club Summer Fair, the Brighthouse Gala and the Beaumont Park Gala Rod was a presence manning a stall and promoting CART’s activities. He was a valued member of the management committee and was noted for his pertinent contributions and the refreshing Polo Mints which he passed round.

Rod has left a permanent legacy at CART: using his own building skills and his contacts with the trade locally he initiated the flooring and re-roofing of our computer refurbishment area. The mezzanine floor he constructed in the warehouse is a constant reminder of his presence with us. Through his local contacts Rod was able to acquire mattresses, material and food to send to those in need in Africa.

Rod’s concern for the poor was matched by a concern for those to whom he could extend a hand of friendship in the community in which he lived, including refugees and asylum seekers – some of whom he introduced as fellow volunteers - the CART shop providing many of them with “just what they needed.”

A memorial service was held at Lockwood Methodist Church on August 1st where many of his friends and fellow CART workers gathered. What came over from the various eulogies was that John Roderick Williams was a gentle caring man who was a good friend to many. As one person said, “He was a true gentleman”. Although essentially a private person he held out his hand to all who needed him. He cared deeply for the causes in which he became involved and spent a lot of time researching how CART could help to provide trees in Africa. The £171 collection taken at his memorial service (after sending flowers to his mother) will be sent to enable some trees to be planted in Ghana (a country with which he had particular connections).

Here are two verses from a hymn that was read out at the service

<i>We are pilgrims on a journey</i>	<i>I will weep when you are weeping;</i>
<i>Fellow travellers on the road;</i>	<i>When you laugh, I’ll laugh with you.</i>
<i>We are here to help each other</i>	<i>I will share your joy & sorrow</i>
<i>Walk the mile and bear the load.</i>	<i>Till we’ve seen this journey through.</i>

Sadly Rod’s journey helping others on the way is over but the CART he supported will continue with its work.

The Rawthorpe Schools form an alliance

You may have read in the Huddersfield Examiner that the Rawthorpe Schools have formed the Netherhall Learning Campus providing continuous education from 5 – 16. Rawthorpe St John’s Infants & Nursery, Rawthorpe Junior and Rawthorpe High School now the Netherhall Learning Campus are wearing the same uniform. The good news for CART is that old uniforms are being donated to them. Also the Infants section is supporting the CART harvest appeal
 Thank you Rawthorpe.

NEWS FROM AFRICA

Malawi**From Friends of OCSR newsletter (Orphan Care & Social Rehabilitation with Secondary School Sponsorship).**

In a recent email Crosby asks for more food to be sent. He says:

“The harvest will be poor this year and people are harvesting the maize whilst it is green which means there will be little seed to plant for next year.”

Typical meal time at OCSR.

These children are under six years old and belong to the Pre-school group.

Once aged 6 years they are able to attend Primary School free of charge. At 12 years, IF they have passed every yearly examination and IF they can afford to do so, they are able to attend Secondary School. Many are unable to go on to Secondary School which costs between £20 and £30 per term including help with uniform and pens etc.

Work with our orphans' guardians

This is a picture of some of the guardians who learn to sew here (hence the sewing machines on tables behind them! from CART). The ladies also have Bible Fellowship together here.

The photograph was taken in the 'new' hall which is used for various other things including training in skills for the youth and letting of the hall for weddings, funerals etc. to raise funds for OCSR.

Malawi has the lowest number of doctors per person in the world!

Yet – there is still more great news medically. Likuni Christian Hospital, ten miles west of the capital Lilongwe, has managed to reach the significant target of over six months now without the death of a single expectant mother. The figure has been well-publicised and is a challenge to other maternity units throughout the country. Praise God!

A 40' container to Crosby in Lilongwe is planned to leave Huddersfield at the end of October.

CART and its supporters are sending food, medicines, educational equipment and goods to help people to 'help themselves' as well as sponsoring the education of children. From what is written in the Malawi news the money and goods are making a difference.

Aid for Gambia (Clearwaters) 15 May, 2008

I confirm we took four sterilisers and blood pressure machines and blood glucose monitors and some dressings. One of the sterilisers and blood pressure machine and blood glucose monitors went to Yuna village health centre (they can use the electricity supply from the school generator to use the steriliser as otherwise there is no electricity there) the other things went to main health care providers on the north bank. The Yuna School (now 1300 pupils) is of course my primary target for assistance. The doctor is now training kids from the school in first aid and they are training others so it's a good place to assist.

So I say a big thank you to CART and Clearwaters for their assistance.

If anyone knows health providers here who have some scopes for an endoscopy machine I'd be grateful to have them if they are no longer using them and they are still in working condition.

Blessings ~ Ann Prince

Zimbabwe

We've heard about the troubled times in Zimbabwe Here are extracts from 3 e-mails from there.

April 26th 2008

Despite the political confusion, we continue to minister to the poor both materially and spiritually. The winter season is upon us, and the time for giving out warm clothing and blankets has arrived. Our meetings have been considerably disrupted by the political activities of the last two months, resulting in many meetings being cancelled for safety reasons, as well as delayed action in distributing winter clothing. The people have been patient and have gathered weekly for their meetings, even though they were not certain as to whether we would be able to come to them. This week, however, we decided to carry clothes to all our groups despite the political circumstances.



Blankets lovely blankets

In these times parents are unable to afford clothing for their children, and their plight is terrible. Many are wearing clothes full of holes and filthy due to no money to buy soap. Children have not been in school for many months due to teachers on strike, and no money for fees or bus fares. All families whom we reach are short of food. We ourselves are struggling to find the maize meal to buy in order to supply those on our feeding lists. Basic items can only be found at black market prices.

In the rural area many of our people are fleeing their rural homes from the political violence there. Men are being tied up with barbed wire and beaten for their political affiliations, and they are forced to flee, leaving their women and children sleeping in the bush at nights for safety. Our church meetings in one area were stopped for political reasons, but we are now open again.

This Sunday we are giving out tools of every kind which have come in the containers from OPERATION SUNSHINE and CART in England. These are agricultural implements and all kinds of tools needed in rural settings. A lorry and a trailer from IRVINE'S carried the tools, plus school furniture, and stones for building our toilets. Thank you IRVINE'S many times over!

I have not been able to visit the village for two months now for safety reasons, but the Pastors and Agronomist have carried on very well, keeping the work on course despite disturbances and threats. Our maize crop was poor due to lack of rain before harvesting. Most in the area harvested nothing, which is the case in most parts of the country. Zimbabwe is down and struggling for survival. However, as they say here "Mwari vanoona." Our God is able.

May 13th 2008

Once again THANK YOU !!!!!!! It was a lovely container to receive and we are delighted with everything. The desks and chairs are marvellous and very needed by the rural schools. It is a lovely load of clothing. We are very glad to have such a large quantity of paint what a gift. The last lot was used by rural schools, and orphanages. No one affords paint here anymore. A special thank you for the soap bars and powder; a wonderful and very valuable gift indeed !



Trousers lovely trousers

August 3rd 2008

Greetings again! At the time of writing this email, we do not have a phone line. This incident is typical of the continuing deterioration of the economy and general activities in the country. We have come through the violence of the election period, which has persisted and even increased in some places. However, it means that as the instability persists and that the availability of goods will worsen still further. For this reason we have made the decision to clear our warehouse of all the goods currently in there, which have come in the containers this year, by way of "Operation Empty Warehouse "and to distribute everything we have to the people. It would be wrong to sit on anything when there is such need everywhere. God is willing and well able to fill the warehouse anytime.



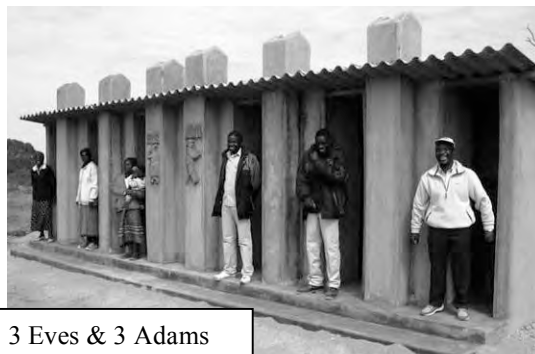
Buckets, soap & candles

We have already commenced the programme of distributing, and the people are thrilled to be getting many and varied items. These goods are going to the town and rural sides of the work. Apart from clothing and blankets, we have given out tools, soap, candles, matches, medical kits, buckets, string, toothbrushes, kitchenware, sewing equipment and machines, stationery, pens, pencils, exercise books, paper and other, scissors, torches, balls and toys, and other

We recently loaded a 7 tonne lorry plus 5 tonne trailer, generously loaned to us from IRVINE'S DAY OLD CHICKS, to carry many items to our Agricultural Training Village for destitute families, in the rural area. It carried tools, clothing and blankets, bicycles, as well as chairs and desks for rural schools.

A wonderfully happy distribution of jerseys, coats, and blankets was had for our two church groups out there, numbering over 1000 people including the children. The second group also chose tools and nails, which were a huge success. Even the single women received tools, much to their delight. Thank you OPERATION SUNSHINE and CART, for all the goods.

The rural church at our village has grown considerably. We therefore had to embark on a project to build a block of 6 toilets so that the people could be comfortable. This is a daunting task in these times, and it faced every kind of difficulty. However, the block now stands complete. Stage two is to erect a decent cooking facility next to the church structure, for the many church conferences we are planning. The rural people get very little by way of functions, and a church function is always a big occasion, especially when food is found there. There was peace in our area during the elections, due to much prayer from the many Christians now living there. I shall be visiting next week for the first time after many months.



3 Eves & 3 Adams

Thank you for continued support, which is enabling us to continue even through the most difficult times.

Blessings, and thank you for making so much possible for many here Bryony and Team.

A container is due to go to Zimbabwe in October.

WILL YOU HELP SEND A BOX to Zimbabwe?

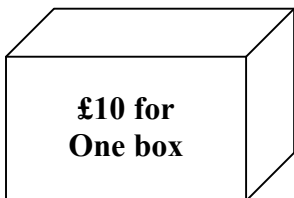
CART plans to send a container to Harare, Zimbabwe on 15 November 2008. Over the past months many of our supporters have asked what help we are offering our friends in Zimbabwe. Our NGO always sends CART magnificent feedback and has advised us when to send this consignment. We are not asking for donations of goods but we are asking you if you can help to raise enough funds to send it!

Recent months have witnessed soaring costs e.g. over £10,000 to send a 40ft container to East and Central African countries. Three reasons underpin these rises:

- Fuel price increases and surcharges;
- Market forces due to large mining concessions expanding in Congo and Zambia increasing demand and thus the availability and cost of intra-African transport;
- African governments applying import duties to classes of goods previously exempt for relief agencies, often without notice to our consignees.


Whilst CART always argues its case strongly and seeks the least expensive options, it is still committed to supporting its recipient organisations. Before these recent rises hit us CART had already offered containers to The Gambia, Malawi, Sierra Leone, Tanzania and Zambia, especially to distribute harvest donations to famine struck Malawi and impoverished Zimbabwe.

Given that charges are unlikely to reduce, CART Trustees are debating how best to utilise its hard earned funds for the greatest benefit of recipients. It may be that in future fewer 40ft containers will be sent and more contributions to projects such as boreholes and tree planting will be made. If you have any comments on this matter please address them to the Trustees at the PO Box address given below.



Please send your donations to
The Treasurer
CART
PO Box 554
Huddersfield
HD1 9ZQ

The next newsletter will not be published until the end of January. Therefore, albeit rather early, may we wish all our supporters



Every good wish for the Christmas Season and may 2009 bring joy and peace to you and Africa & India

Grateful thanks to **Huddersfield New College** for the reproduction of this newsletter.

Newsletter Any newsletter amendments &/or additions please ring Irene 01484 318206 or e-mail at cart@cartyorkshire.co.uk